

WISE WOMAN EMERGING

Pilgrimage and Croning Ceremony
September 18-26, 2024

Sacred Sites of Ireland
Fall Equinox 2024
County Sligo, Ireland



Introduction

Wherever you find yourself on the physiological journey of the age/stage of menopause, this pilgrimage will give you an opportunity to gather the gold of your experience and claim the wisdom of your years. In this transformational pilgrimage, you will be guided to embody your own expression of the Wise Woman and participate in a Croning Ceremony to celebrate your emergence.

Ireland is a magical and mysterious land full of ancient and sacred sites and thin places that offer transformational energies in support of women's journeys into their inner wisdom. Join Mary Francis on a guided tour of seven of these sacred sites and encounter the Divine Feminine in Her many forms. Immerse yourself in this transformative process of the Wise Woman Emerging in the verdant Irish countryside and along the Wild Atlantic Way during the thin time of the Autumnal Equinox.

In addition to these sacred sites, there will be time to explore the lovely town of Sligo along the Garavoge River for local food, music and shopping. Accommodations for the week will be at The Sea Barn, located by the sea in Ballymulderry, Co. Sligo on the Wild Atlantic Way. (sligoseabarn.ie)

Mary Francis Drake

Rt. Rev. Mary Francis Drake, MA, MSW, D-Min Candidate

madevi.org



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Rt. Rev. Mary Francis Drake, MA, MSW is Senior Adjunct Faculty in the Psychology Department at the University of Massachusetts--Lowell Campus and Online. She has been teaching for UMASS Lowell for 35 years. Her teaching, private practice counseling and spiritual direction offerings have focused on women and raising the energy of the Feminine to restore our beings and our planet to balance.

With 25 years as a Psycho-Spiritual Counselor, 17 years as a Priest, and now Bishop (3 years) in the Mystical Christian Tradition, Mary Francis continues to broaden her scope in the area of Conscious Evolution by ordaining independent Priests and offering spiritual direction to seekers.

She is also a poet and author of 3 books related to her ecclesiastic training and its transforming power: *This Much I Know Is True*, 2016 (essay collection); *beauty, grit & grace*, 2018 (poetry collection); and *Dancing in the Doorway: A Life's Journey Between Worlds*, 2022, (purposeful memoir). Mary Francis is currently a doctoral student in Ubiquity University's Doctor of Ministry Program. She is also the mother of 3 young adult children. She has recently moved to Vermont to start a Queen Mothers Home for elderwomen to age in place with dignity and community, harvesting the gold of the elder years for the sake of future generations.

Audrey Drake

Singer, songwriter, sound healer and Reiki Master

audreydrake.com



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Audrey Drake grabs the attention of her listeners with music that tugs at their hearts and an unassumingly cultivated voice. Her music crosses many styles and offers a great balance of songs both familiar and unknown, curated for the people in front of her. Listeners love her angelic tone and are sometimes surprised by the powerhouse of soulful sound within her. Haunting melodies and soulful lyrics transport you to a place where there is only you, the music, and life's journey.

Audrey's music is also influenced by her spiritual journey and path. Whether singing on festival stages, in yoga spaces or Kirtan events her unique voice and contemplative lyrics touch the hearts of those present to offer healing. On this journey, she will be offering sound healing in support of the transformative process, offering morning sacred practice.



May you gather the gold of your experience and claim the wisdom of your years to embody your own expression of the Wise Woman.

To inquire further, please contact
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